

**G B DIVING FEDERATION**  
**SPRING MASTERS – RESULTS 2010**

Women 16 – 24 1M

	Name	Club	Points	Place
	Emily King	RTW Monson	198.25	1
	Ellie Pattinson		179.50	2
	Natalie Phillips	Beaumont D.A.	154.85	3
	Elizabeth Wooldridge	M.A.C.	145.05	4
	Chloe Kerr	M.A.C.	134.55	5

Women 25 – 29 1M

	Name	Club	Points	Place
	Elizabeth Simpson	Havering Cormorants	203.25	1
	Elizabeth Smith	Southend D.C.	194.25	2
	Amanda Robinson	Chiltern Met. Diving School	144.15	3

Women 30 – 39 1M

	Name	Club	Points	Place
	Naomi McBane	Cotswold Diving Club	222.20	1
	Belinda McGinley	Beaumont D.A.	201.50	2
	Amanda Prentice	RTW Monson	186.15	3
	Sarah Smith	M.A.C.	185.00	4
	Lindsay Tott	Lincoln Imps	131.80	5

Women 40 – 49 1M

	Name	Club	Points	Place
	Katie Bell	Amersham S.C.	191.60	1
	Kay Neale	Dundee City Aquatics Diving	174.90	2

Women 50 – 59 1M

	Name	Club	Points	Place
	Barbara Heathfield	North Beds/Beaumont	170.25	1
	Rosana Townsend	Lincoln Imps	118.50	2

Women 60 – 69 1M

	Name	Club	Points	Place
	Jenni Cluskey	Amersham S.C.	149.95	1

Women 16 – 24 3M

	Name	Club	Points	Place
	Emily King	RTW Monson	203.15	1
	Natalie Phillips	Beaumont D.A.	189.95	2
	Elizabeth Wooldridge	M.A.C.	149.80	3
	Chloe Kerr	M.A.C.	146.60	4

Women 25 – 29 3M

	Name	Club	Points	Place
	Elizabeth Simpson	Havering Cormorants	223.80	1
	Elizabeth Smith	Southend D.C.	169.90	2
	Amanda Robinson	Chiltern Met. Diving School	163.10	3

Women 30 – 39 3M

	Name	Club	Points	Place
	Naomi McBane	Cotswold Diving Club	218.50	1
	Amanda Prentice	RTW Monson	194.55	2
	Belinda McGinley	Beaumont D.A.	191.60	3
	Sarah Smith	M.A.C.	141.00	4

Women 40 – 49 3M

	Name	Club	Points	Place
	Katie Bell	Amersham S.C.	215.55	1
	Kay Neale	Dundee City Aquatics Diving	169.00	2

Women 50 – 59 3M

	Name	Club	Points	Place
	Barbara Heathfield	North Beds D.C./Beaumont A	174.10	1
	Rosana Townsend	Lincoln Imps	122.75	2

Women 60 – 69 3M

	Name	Club	Points	Place
	Jenni Cluskey	Amersham S.C.	145.40	1

Women 16 – 24 Platform

	Name	Club	Points	Place
	Emily King	RTW Monson	201.75	1

Women 25 – 29 Platform

	Name	Club	Points	Place
	Elizabeth Smith	Southend D.C.	211.30	1
	Elizabeth Simpson	Havering Cormorants	203.15	2

Women 30 – 39 Platform

	Name	Club	Points	Place
	Naomi McBane	Cotswold Diving Club	199.85	1
	Amanda Prentice	RTW Monson	199.30	2
	Belinda McGinley	Beaumont D.A.	173.45	3
	Sarah Smith	M.A.C.	155.45	4

### Women 40 – 49 Platform

	Name	Club	Points	Place
	Katie Bell	Amersham S.C.	196.00	1
	Kay Neale	Dundee City Aquatics Diving	192.05	2
	Martha Cruz-Lesbros	Olympic Nice Natation	179.50	3

### Women Open 1M

	Name	Club	Points	Place
	Elizabeth Simpson	Havering Cormorants	337.60	1
	Naomi McBane	Cotswold Diving Club	290.40	2
	Elizabeth Smith	Southend D.C.	290.15	3
	Sarah Smith	M.A.C.	256.15	4

## Men 16 – 24 1M

	Name	Club	Points	Place
	Chris Lingard	Southampton D.A.	181.15	1
	Adam Hardacre	St. Albans D.C.	172.30	2
	Matthew Hirst	Amersham S.C.	161.30	3
	William Russell	Chiltern Met. Diving School	146.95	4
	Simon Shaw	Amersham S.C.	142.25	5

## Men 30 – 39 1M

	Name	Club	Points	Place
	David Duncan	Dundee City Aquatics	134.90	1

## Men 40 – 49 1M

	Name	Club	Points	Place
	Robert Metcalfe	Amersham S.C.	184.25	1
	Bryan Ditchburn	Amersham S.C.	173.20	2
	Shiraz Shamshudin	Amersham S.C.	151.85	3
	Kev Davidson	RAF/City of Sheffield D.C.	149.70	4
	Paul Simpson	City of Leeds D.C.	149.15	5
	Frank Flores	Amersham S.C.	124.45	6
	Bry Lingard	Southampton D.A.	123.35	7

## Men 50 – 59 1M

	Name	Club	Points	Place
	Trevor Simpson	Highgate D.C.	186.95	1
	Jim McNally	Highgate/Beaumont	165.50	2
	Ian Hammond	Southampton D.A.	160.35	3
	Peter Woodhams	Beaumont D.A.	111.00	4

## Men 60- 69 1m

	Name	Club	Points	Place
	John Pollard	Southampton D.A.	121.45	1

## Men 70+ 1M

	Name	Club	Points	Place
	Robert Townsend	RTW Monson Diving	99.40	1

## Men 16 – 24 3M

	Name	Club	Points	Place
	Richard Ward		237.60	1
	Chris Lingard	Southampton D.A.	193.55	2
	William Russell	Chiltern Met. Diving School	172.00	3
	Adam Hardacre	St. Albans D.C.	165.30	4
	Matthew Hirst	Amersham S.C.	157.75	5
	Simon Shaw	Amersham S.C.	131.90	6

Men 30 – 39 3M

	Name	Club	Points	Place
	David Duncan	Dundee City Aquatics	122.75	1

Men 40 – 49 3M

	Name	Club	Points	Place
	Simon Jackson	Edinburgh D.C.	251.35	1
	Bryan Ditchburn	Amersham S.C.	187.05	2
	Robert Metcalfe	Amersham S.C.	158.60	3
	Kev Davidson	RAF/City of Sheffield D.C.	140.45	4
	Frank Flores	Amersham S.C.	122.85	5
	Bry Lingard	Southampton D.A.	116.15	6

Men 50 – 59 3M

	Name	Club	Points	Place
	Ian Hammond	Southampton D.A.	137.55	Guest
	Trevor Simpson	Highgate D.C.	183.30	1
	Jim McNally	Highgate/Beaumont	173.10	2
	Peter Woodhams	Beaumont D.A.	93.70	3

Men 60 - 69 3M

	Name	Club	Points	Place
	Dave Halley	Henleaze S.C.	130.10	Guest
	John Pollard	Southampton D.A.	118.60	1

Men 70+ 3M

	Name	Club	Points	Place
	Robert Townsend	RTW Monson Diving	78.80	1

Men 16 – 24 Platform

	Name	Club	Points	Place
	Chris Lingard	Southampton D.A.	183.15	1
	Adam Hardacre	St. Albans D.C.	167.70	2
	Matthew Hirst	Amersham S.C.	163.75	3
	William Russell	Chiltern Met. Diving School	160.00	4
	Simon Shaw	Amersham S.C.	147.45	5

Men 40 – 49 Platform

	Name	Club	Points	Place
	Bryan Ditchburn	Amersham S.C.	182.50	1
	Kev Davidson	RAF/City of Sheffield D.C.	161.15	2
	Robert Metcalfe	Amersham S.C.	157.95	3
	Paul Simpson	City of Leeds D.C.	152.65	4

### Men 50 – 59 Platform

	Name	Club	Points	Place
	Ian Hammond	Southampton D.A.	141.50	1

### Men 60 – 69 Platform

	Name	Club	Points	Place
	Dave Halley	Henleasze S.C.	116.40	1
	John Pollard	Southampton D.A.	111.75	2

### Men Open 1M

	Name	Club	Points	Place
	Simon Jackson	Edinburgh D.C.	387.30	1
	Bryan Ditchburn	Amersham S.C.	317.55	2
	Ian Hammond	Southampton D.A.	285.50	3
	Paul Simpson	City of Leeds D.C.	276.95	4
	Chris Lingard	Southampton D.A.	276.45	5
	Dave Halley	Henleaze S.C.	242.95	6
	Bry Lingard	Southampton D.A.	229.55	7
	John Pollard	Southampton D.A.	155.75	8

Novice Women 16 – 29 1M

	Name	Club	Points	Place
	Louise Popkin	St. Albans D.C.	103.60	1
	Rebecca Johnston	Cotswold Diving Club	101.35	2
	Heather Salisbury	M.A.C.	96.40	3
	Kat Ions	M.A.C.	73.90	4

Novice Women 30 – 49 1M

	Name	Club	Points	Place
	Clair Brand		94.65	1
	Carrie Blyth	R.A.F.	90.40	2
	Fiona Davidson	Dundee City Aquatics Diving	86.50	3
	Maggie Scott	Dundee City Aquatics Diving	82.00	4

Novice Women 16 – 29 3M

	Name	Club	Points	Place
	Louise Popkin	St. Albans D.C.	97.65	1
	Rebecca Johnston	Cotswold Diving Club	94.75	2
	Heather Salisbury	M.A.C.	83.10	3

Novice Women 30 – 49 3M

	Name	Club	Points	Place
	Carrie Blyth	R.A.F.	100.05	1
	Lindsay Tott	Lincoln Imps	94.05	2
	Clair Brand		87.10	3

Novice Women 16 – 29 Platform

	Name	Club	Points	Place
	Chloe Kerr	M.A.C.	101.90	1
	Amanda Robinson	Chiltern Met. Diving School	98.05	2
	Louise Popkin	St. Albans D.C.	91.00	3

Novice Men 16 – 29 1M

	Name	Club	Points	Place
	William Flaherty	M.A.C.	90.45	1
	Phillip Preston	Amersham S.C.	78.50	2
	Ben Rockliffe	M.A.C.	74.20	3
	Steven Mitchell	M.A.C.	71.80	4

Novice Men 30 – 49 1M

	Name	Club	Points	Place
	Richard Ormondroyd	City of Leeds D.C.	103.30	1
	Tark Millican	North Beds D.C.	100.70	2
	Jamie Hughes		90.40	3
	Grant Forrest	Edinburgh D.C.	73.05	4

Novice Men 16 – 29 3M

	Name	Club	Points	Place
	Steven Mitchell	M.A.C.	91.00	1

Novice Men 30 – 49 3M

	Name	Club	Points	Place
	Shiraz Shamshudin	Amersham S.C.	105.75	1
	Jamie Hughes		77.60	2
	Grant Forrest	Edinburgh D.C.	75.65	3

Novice Men 16 – 29 Platform

	Name	Club	Points	Place
	Phillip Preston	Amersham S.C.	84.30	1

Novice Men 30 – 49 Platform

	Name	Club	Points	Place
	Richard Ormondroyd	City of Leeds D.C.	106.55	1
	Tark Millican	North Beds D.C.	93.65	2
	Jamie Hughes		90.85	3
	Shiraz Shamshudin	Amersham S.C.	85.10	4



## G B DIVING FEDERATION

### SPRING MASTERS – COMPETITION CONDITIONS 2010

AGE GROUP	1M	3M	PLATFORM
<b>16 - 49</b>	<p><b>6 DIVES</b> 3 dives selected from different groups to a tariff limit of 5.9, plus 3 dives selected from different groups without limit of difficulty</p>	<p><b>6 DIVES</b> 3 dives selected from different groups to a tariff limit of 5.9, plus 3 dives selected from different groups without limit of difficulty</p>	<p><b>6 DIVES</b> 3 dives selected from different groups to a tariff limit of 5.9, plus 3 dives selected from different groups without limit of difficulty</p>
<b>50 - 69</b>	<p><b>5 DIVES</b> 2 dives selected from different groups to a tariff limit of 3.8, plus 3 dives selected from different groups without limit of difficulty</p>	<p><b>5 DIVES</b> 2 dives selected from different groups to a tariff limit of 3.8, plus 3 dives selected from different groups without limit of difficulty</p>	<p><b>5 DIVES</b> 2 dives selected from different groups to a tariff limit of 3.8, plus 3 dives selected from different groups without limit of difficulty</p>
<b>70 +</b>	<p><b>4 DIVES</b> 2 dives selected from different groups to a tariff limit of 3.8, plus 2 dives selected from different groups without limit of difficulty. I dive may be repeated but at 1.0 tariff</p>	<p><b>4 DIVES</b> 2 dives selected from different groups to a tariff limit of 3.8, plus 2 dives selected from different groups without limit of difficulty. I dive may be repeated but at 1.0 tariff</p>	<p><b>3 DIVES (5M Board Only)</b> 3 voluntary dives from a minimum of 2 groups. I dive may be repeated but at 1.0 tariff</p>
<b>NOVICES - UP TO 59</b>	<p><b>4 DIVES</b> 4 different voluntary dives. I dive may be repeated but at 1.0 tariff</p>	<p><b>4 DIVES</b> 4 different voluntary dives. I dive may be repeated but at 1.0 tariff</p>	<p><b>4 DIVES (5M Board Only)</b> 4 different voluntary dives. I dive may be repeated but at 1.0 tariff</p>
<b>NOVICES 60+</b>	<p><b>3 DIVES</b> 3 different voluntary dives. I dive may be repeated but at 1.0 tariff</p>	<p><b>3 DIVES</b> 3 different voluntary dives. I dive may be repeated but at 1.0 tariff</p>	<p><b>3 DIVES (5M Board Only)</b> 3 different voluntary dives. I dive may be repeated but at 1.0 tariff</p>

<b>OPEN – MEN</b>  <b>11 DIVES</b>	5 Different dives from 5 groups, max tariff 9.5 + 6 dives from 5 groups, no tariff limit. No repeats	<b>N/A</b>	<b>N/A</b>
<b>OPEN – WOMEN</b>  <b>10 DIVES</b>	5 Different dives from 5 groups, max tariff 9.5 + 5 dives from 5 groups, no tariff limit . No repeats.	<b>N/A</b>	<b>N/A</b>

## RESTRICTIONS

Divers over the age of 60 may not perform head first entry dives from 10 metre platform.

Dives with the same number but different position are the same dive.

Novices may not perform dives with more than 1½ rotations or with a FINA tariff of over 2.0.

Novices on Platform are restricted to 5 metre only.

Divers who are currently competing in ASA Junior Elite or Senior Championships or who have done so in the last 2 years (2008/9) may not compete in the Masters events, except to dive as a guest.

Entries from divers aged 16/17 years old MUST be accompanied by a letter signed by the Welfare Officer, or other responsible official of the diver's club, stating that they will ensure that child protection procedures will be followed and that the diver will be appropriately chaperoned for the duration of the event. \*

**Divers must be 16 years of age on or before 16<sup>th</sup> April 2010.**