



# NEWSLETTER

SPRING/SUMMER 2024

Welcome to our first newsletter. Our aim is to keep you up to date with what is going on within GBDF and beyond. Hope you enjoy.

## SPRING MASTERS.

Thank you to all who came along and joined us in Spring Masters at Plymouth. It was a great success. So much so, that Plymouth are now looking to set up their own Masters team and take part in future competitions. One piece of feedback we did get that we will act upon, is how the restricted training was organised. We aim to make changes to this for future events to ensure training is spread more evenly across the boards.

## DID YOU KNOW?

**GBDF Insurance.** You need to be a GBDF member (diver, coach or volunteer) to benefit from GBDF insurance. Our insurance only covers members whilst taking part in a GBDF event. It does not cover members when training in their own pool, nor taking part in a non GBDF event.

**Photography.** During training and whilst competition taking place, you should ensure that you only capture images and videos of those who have given you permission to do so. Not everyone wants a photo or video taken of them.

## WHERE DO WE GO FROM HERE?

The Board is working hard to ensure that the Federation meets the needs of our divers. We are currently looking at how we best do this. Some of the ways we are doing this is:

- Creating new and updating existing policies, including safeguarding and welfare.
- Looking at getting good value for money for our insurance and to make sure it meets our needs.
- To ensure our Board structure is relevant.

## CALLING ALL COACHES.

To ensure our training sessions run smoothly during competitions, we need the help of all Level 2 coaches. During training we need to have the whole pool supervised; to call divers when using platforms/ general poolside safety. We would appreciate if you could spare some time during training to carry out supervisory duties. Look out on how to register when Winter Masters information comes out.

## FUTURE EVENTS.

Although not a GBDF event, we do tend to have a good representation at the **Croatian Masters 2024**. Being held between Tuesday 23 to Saturday 27 July 2024. **Winter Masters 2024**, will be held in Southend, 15 to 17 November 2024. Keep an eye on our website for full details. **Spring Masters 2025**, will be held in Edinburgh, 11 to 13 April.

We had hoped to hold a dive camp at Birmingham this year. Unfortunately, due to high demand of the pool, this is not possible in the very near future. However, we are looking at other possible venues. Again, keep an eye on our website.

## FUTURE EDITIONS.

Keep an eye out for future newsletters:

- Meet the Directors - learn more about their roles and how you can help support them.
- Meet the Divers - divers interviewing other divers, could be interesting.
- Quizzes and other competitions – spot the difference, word searches, etc.

If you have any suggestions, or would like to contribute an article please get in touch (details below).

## HOW CAN YOU GET INVOLVED?

We need volunteers; general helpers on poolside, with Dive Recorder, announcing, general IT help, dyeing and selling shammies, organising social events, etc. If you are interested in helping out during or in preparation for events, let us know. Also looking for someone who would be interested in taking on the Newsletter (with help of course).

If you have any experience with things like safeguarding and welfare, finance and bookkeeping or anything else that could benefit the GBDF, we would love to hear from you.

Regardless of what you volunteer for, training can be given either by shadowing, or more in-depth sessions. Rest assured, we won't throw you in at the deep end 😊😊.

**CONTACT US.** If you would like to get in touch, the list of contacts can be found at: [Contact Information](#) ([diving-gbdf.com](http://diving-gbdf.com))